

Slimming World Syns List

Oreo Thins (Original or Chocolate Cream) 1.5 syns per biscuit

Cadbury Freddo (18g bar) 5 syns

Kelloggs Special K Chocolate Delight Bar, Milk (24g bar) 4.5 syns

Pink Waters 2 syns per biscuit

Curly Wurly (14g bar) 3 syns

Curly Wurly (26g bar) 6 syns

Cadbury Fudge Bar (25.5g bar) 5.5 syns

Cadbury Fudge Bar (13.5g bar) 3 syns

Cadbury Dairy Milk Little Bar (18g) 5 syns

Cadbury Freddo Caramel (18g bar) 4.5 syns

Kinder Chocolate Bar (12.5g) 3.5 syns

Morrisons Coconutters (25g) bar 6 syns

Maltasers Fun Size (18.5g bag) 5 syns

Snack a Jacks Caramel Jumbo 2.5 syns each

Options Belgian Chocolate (11g) 2 syns

Mars Bar or similar (25g bar) 8 syns

Snack a Jacks Salt & Vinegar Jumbo 2 syns each

Snack a Jacks Sweet Chilli (22g bag) 4.5 syns each

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